

# NUR 252 : Healthy Aging

This course prepares students to understand nursing practice in caring for healthy older adults. Emphasis is placed on exploring the expected physical, psychological, and social changes of aging. Students will apply best care practices in promoting optimal health and holistic care to prevent illness and maximize function.

**Credits** 1

**Prerequisites**

Anatomy & Physiology I & II, Health Assessment in Nursing, Pathophysiology